

WHAT'S HOT FOR 2018



● **THE SHADE: LILAC**
 Pantone has already named Ultra Violet the colour of 2018 — further proof that come summer you'll be wearing head-to-toe parma violet, lilac and lavender shades, as seen at Victoria Beckham, Michael Kors, Tibi and Joseph. Just the right side of saccharine.
Jane McFarland

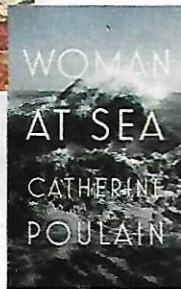
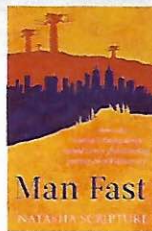
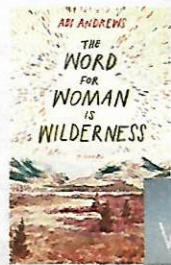


JOHN LEWIS

● GIRLS GONE WILD

Call it the Cheryl Strayed effect, but women in the wild are back on the, er, map for 2018. Some of the most hyped titles are all about escaping humdrum life and running for the hills. First up, in February, is *The Word for Woman Is Wilderness*, a debut by the young British author *Abi Andrews*, which follows a 19-year-old girl who leaves England for self-discovery in the Alaskan wilderness (described as "Walden meets Chris Kraus's *I Love Dick*"). Next up — in mid-February, following its chart-topping debut in France — is *Woman at Sea* by *Catherine Poulain*, about a woman who chucks it all in to join the all-male crew of a fishing trawler (based on the author's own experiences).

Then, in May, comes *Man Fast*, a memoir by *Natasha Scripture*. The former journalist sets out to detox from modern life (and modern men), a journey that takes her to the quietest and remotest corners of the earth.



● MORINGA

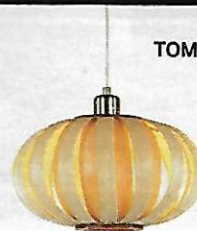
The wellness set are frothing at the mouth over this new (ancient) superfood. The green powder, made from the pulverised leaves of the moringa tree — nicknamed the "miracle tree" — has been described as a multivitamin in natural form. It contains 13 essential vitamins and minerals at RDA allowances and all nine essential amino acids, so expect to see it edge its way onto supermarket shelves in 2018 (buy it now from *Holland & Barrett*). Keep an eye out for it in beauty products, too — it's the hero ingredient in the cult *Emma Hardie Amazing Face Moringa Cleansing Balm* (£65 for 200g). Bonus: it actually tastes OK — a bit like spinach — and it won't leave you with highlighter-pen fingers as turmeric did in 2017.



TOM RAFFIELD



CARAVANE



TOM RAFFIELD

● BOHO LIGHTING

Rattan and bamboo have been doing the interiors rounds for a while now, but in 2018 they'll be making an appearance in lighting. A move away from metal and glass in precise engineered shapes, the latest trend is towards much softer, handmade and woven designs. *Tom Raffield* has been leading the charge with his sculptural pieces made from steam-bent wood, and look at the relative newcomer *Tamasine Osher's* Tree lights, which are hand-turned from spalted beech. On the high street, *John Lewis* is waving the woven flag with rattan; *Habitat* goes eco with spun bamboo; and, for a French take on the trend, look at the delightfully imperfect banana-fibre pendant lights by the chic homeware store *Caravane*. The most extreme incarnation comes from the Brit designer *Sebastian Cox*. At the London Design Fair in September, he showed prototype lampshades in a strong but lightweight suede-like material, made from a fungus called mushroom mycelium. Coming to a kitchen near you soon.

Claudia Baillie

